

**2014 - 15**



Adv. Vaishali Jain Education Campus

Mukund Education Society's  
**Sanmati Engineering College**

WASHIM, 444505 (M.S.) Tel./Fax : 07252-234302

Website : www.sanmati.in Email : walchale@gmail.com

President : Shri Mohanlalji Jain

Secretary : Adv. Vaishali Walchale Ja

Ref.No. :

Date :

### Report of Yoga Program

<b>Name of Department</b>	All Department
<b>Name of Event Organized</b>	Yoga Program
<b>Title of the Event</b>	Yoga & Meditation
<b>Date of Event Organized</b>	29/01/2015
<b>Name of the Coordinator of the Event</b>	Prof.D.V.Ingle
<b>Number of Participant Student</b>	32
<b>Name of the Expert</b>	Shri. Chhaprwal sir
<b>Contact No. &amp; Address of the Expert</b>	Lions club Washim. Yogasan, Pranayam, Yogopchar Kendra. 9422960321
<b>Description of the Event</b>	<p>Along with the academic development of the students the institute also concentrate on the mental &amp; physical development of the students. For this, the yoga &amp; meditation program is organised in each semester for all students.</p> <p>In each semester, the yoga &amp; meditation program is schedule at morning time before the commencement of theory lectures. The yoga &amp; meditation session begins with the overall guidance from Shri. Chaparwal Sir, the well-known yoga teachers of Washim district.</p> <p>Shri. Chhaprwal sir explain the process &amp; benefits of different types of yogasan.</p> <p>Yoga &amp; meditation helps in self discipline and self-control, leading to immense amount of awareness, concentration and higher level of consciousness.</p> <p>Briefly the aims and objectives of Yoga education are:</p> <ul style="list-style-type: none"><li>• To enable the student to have good health.</li><li>• To practice mental hygiene.</li><li>• To possess emotional stability.</li><li>• To integrate moral values.</li><li>• To attain higher level of consciousness.</li></ul>



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Program Incharge



*Prasad*

Principal  
Principal  
Sanyal Engineering College  
WASHIM

**2015 -16**



# Mukund Education Society's Sanmati Engineering College

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## Report of Yoga Program

<b>Name of Department</b>	All Department
<b>Name of Event Organized</b>	Yoga Program
<b>Title of the Event</b>	Yoga & Meditation
<b>Date of Event Organized</b>	18/01/16
<b>Name of the Coordinator of the Event</b>	Prof.D.V.Ingle
<b>Number of Participant Student</b>	52
<b>Name of the Expert</b>	Shri. Chhaprwal sir
<b>Contact No. &amp; Address of the Expert</b>	Lions club Washim. Yogasan, Pranayam, Yogopchar Kendra. 9422960321
<b>Description of the Event</b>	<p>Beside with the tutorial development of the scholars the institute additionally target the mental &amp; physical development of the scholars. For this, the yoga &amp; meditation program is unionised in every semester for all students.</p> <p>In every semester, the yoga &amp; meditation program is schedule before the commencement of theory lectures. The yoga &amp; meditation session begins with the general steering from Shri. Chaparwal Sir, the well-known yoga lecturers of Washim district.</p> <p>Shri. Chhaprwal sir make a case for the method of various kinds of yoga sort.</p> <p>Briefly the aims and objectives of Yoga education are:</p> <ul style="list-style-type: none"><li>▪ To alter the scholar to own healthiness.</li><li>▪ To observe psychiatry.</li><li>▪ To possess emotional stability.</li><li>▪ To integrate ethical values.</li><li>▪ To achieve higher level of consciousness.</li></ul> <p>Yoga &amp; meditation helps in self discipline and self-control, resulting in large quantity of awareness, concentration and better level of consciousness.</p>

Program Incharge



Principal

Principal  
Sanmati Engineering College  
WASHIM

**2016 -17**



Mukund Education Society's  
**Sanmati Engineering College**

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### Report of Yoga Program

<b>Name of Department</b>	All Department
<b>Name of Event Organized</b>	Yoga Program
<b>Title of the Event</b>	<b>Yoga &amp; Meditation</b>
<b>Date of Event Organized</b>	06/02/17
<b>Name of the Coordinator of the Event</b>	Prof.D.V.Ingle
<b>Number of Participant Student</b>	52
<b>Name of the Expert</b>	Shri. Chhaprwal sir
<b>Contact No. &amp; Address of the Expert</b>	Lions club Washim. Yogasan, Pranayam, Yogopchar Kendra. 9422960321
<b>Description of the Event</b>	<p>Along with the academic expansion of the students the institute also concentrate on the mental &amp; physical improvement of the students. For this, the yoga &amp; meditation program is organised in each semester for all students.</p> <p>In each semester, the yoga &amp; meditation program is schedule at morning time before the inauguration of theory lectures. The yoga &amp; meditation session begins with the overall guidance from Shri. Chaparwal Sir, the well-known yoga teachers of Washim district.</p> <p>Shri. Chaprwal sir explain the process &amp; benefits of different types of yogasan.</p> <p>Yoga &amp; meditation helps in self discipline and self-control, leading to immense amount of awareness, concentration and higher level of consciousness.</p> <p>Briefly the aims and objectives of Yoga education are:</p> <ol style="list-style-type: none"><li>1) To enable the student to have good health.</li><li>2) To practice mental hygiene.</li><li>3) To possess emotional stability.</li><li>4) To integrate moral values.</li><li>5) To attain higher level of consciousness.</li></ol>

  
Program Incharge



  
Principal  
Sanmati Engineering College  
WASHIM

**2017 -18**





Mukund Education Society's

# SANMATI ENGINEERING COLLEGE

Engineering U.G. and P.G. programmes

**Approvals / Affiliation**

AICTE, New Delhi, D.T.E. Mumbai, Govt. of India  
Sant Gadge Baba Amravati University, (S.G.B.A.U.)  
Amravati, Maharashtra, India.

**Address**

N.H. 161, Washim Malegaon Road, Sawargaon,  
Washim, Maharashtra, India - 444505.  
Email : engineering@sanmati.in

**Contact Details**

Phone: 855 184 1000, 855 284 1000  
Fax: 07252 234302  
Website: www.sanmati.in

Ref. No.

Date:

## Report of Yoga Program

<b>Name of Department</b>	All Department
<b>Name of Event Organized</b>	Yoga Program
<b>Title of the Event</b>	<b>Yoga &amp; Meditation</b>
<b>Date of Event Organized</b>	15/01/18
<b>Name of the Coordinator of the Event</b>	Prof.D.V.Ingle
<b>Number of Participant Student</b>	30
<b>Name of the Expert</b>	Shri. Chaprwal sir
<b>Contact No. &amp; Address of the Expert</b>	Lions club Washim. Yogasan, Pranayam, Yogopchar Kendra. 9422960321
<b>Description of the Event</b>	<p>Along with the tutorial development of the scholars the institute in addition target the mental &amp; physical development of the scholars. For this, the yoga &amp; meditation program is organised in every semester for all students.</p> <p>In every semester, the yoga &amp; meditation program is schedule at dawn before the commencement of theory lectures. The yoga &amp; meditation session begins with the general steering from Shri. Chaparwal Sir, the well-known yoga lecturer of Washim district.</p> <p>Shri. Chaprwal sir aware about the method of various kinds of yoga.</p> <p>Yoga &amp; meditation helps in self discipline and self-control, resulting in large quantity of awareness, concentration and better level of consciousness.</p> <p>Briefly the aims and objectives of Yoga education are:</p> <ol style="list-style-type: none"> <li>1) To alter the scholar to own healthiness.</li> <li>2) To observe psychiatry.</li> <li>3) To possess emotional stability.</li> <li>4) To integrate ethical values.</li> <li>5) to achieve higher level of consciousness.</li> </ol>

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**OUR INSTITUTIONS**

- Sanmati Engineering College, Washim.
- U. Pendurang Palit Nursing College, Akola.
- Sanmati College of Education, Washim.
- Mohanraji Walchale College, Washim.
- Sanmati Public School, Washim.
- Sanmati Law College, Washim.

**PRESIDENT**

SHRI. MOHANLALJI JAIN

**SECRETARY**

ADV. VAISHALI WALCHALE



*Qute*

Coordinator

*Mhane*

Principal  
**Principal**  
Sanmati Engineering College  
WASHIM

